



March 20, 2020

Dear CSI Residents/Members,

We wanted to give you a Coronavirus (COVID-19) update. We have been monitoring the rapidly changing Coronavirus situation around the clock in all regions and participating in conference calls with HUD, local health departments, and industry partners. Senior management is meeting multiple times a day and with liaisons daily.

Older adults and people who have severe underlying chronic medical conditions (like heart or lung disease or diabetes) seem to be at higher risk for developing serious complications from COVID-19 illness. **Safety is our #1 priority though, so we need all members in all co-ops to assume that the Coronavirus is present and act proactively to protect everyone.**

In order to prevent the Coronavirus from running through your co-op, every member must:

- Self-monitor every day and make a note of any signs/symptoms of Coronavirus (even if they are mild symptoms)
 - What is your temperature?
 - Do you have a cough?
 - Do you have shortness of breath?
- If you develop emergency warning signs for COVID-19, call your doctor for medical advice. Emergency symptoms include:
 - Difficulty breathing or shortness of breath
 - Persistent pain or pressure in the chest
 - New confusion or fatigue
 - Bluish lips or face
- Clean your hands often with soap and water for at least 20 seconds, especially after being in a public place, or after blowing your nose, coughing, or sneezing. They say if your hands hurt from washing them so much, you are doing it right. In absence of soap and water, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- DO NOT TOUCH YOUR EYES, NOSE, AND MOUTH WITH UNWASHED HANDS.
- Disinfect your apartment using diluted household bleach (4 teaspoons bleach per quart of water). Do not use straight bleach. Use immediately because bleach dissipates the same day. Never mix bleach with ammonia or other cleanser.
- If you must be out of your apartment, always keep 6 feet away from others. There should be no more than two or three people on elevators (depending on the size of the elevator).
- Do not touch elevator buttons with your fingers. Use your elbow or apartment key.
- Try to get groceries and other essentials delivered.
- **THE BEST WAY TO PREVENT THE SPREAD IS TO LIMIT YOUR GUESTS TO ESSENTIAL GUESTS ONLY AND STAY IN YOUR APARTMENT.**

Visit our COVID-19 Information Board (one person at a time) for more information. Join us on our Facebook page (CSI Support) to keep in touch without having to leave your apartment.

We will work closely with the local health department for any positive COVID-19 cases in the co-op.

Be safe and healthy. Thank you for your cooperation. We can get through this if everyone follows these CDC recommendations.